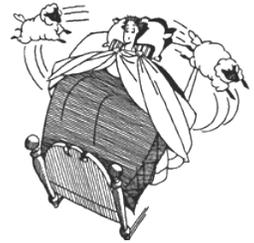




Diana Guth and Home Respiratory Care

Staff Present



“Sleepy Hollow Holiday News”

Phone: 310-441-4640 370 Westwood Blvd. #D, Los Angeles, CA 90064 Fax: 310-441-4642

Orange County Phone: 714-962-6162 Email: ZZZ@hrcsleep.com Web: www.hrcsleep.com

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Sleepy Hollow News

Winter 2012

**HOME RESPIRATORY
CARE IS STILL IN
BUSINESS!**

HRC is no longer a Medicare provider for your CPAP & BiPAP equipment and supplies

Our Nightmare with Medicare has come true. Medicare did not accept our bids for CPAP & BiPAP equipment and supplies. We are among 70% of other Home Medical Equipment providers who were shut out of the contracts. We would have had to come in very low with our bids to be awarded the contracts. This would not have allowed us to maintain our business at the new unsustainable rates. Medicare patients must now find a new provider and hope that they will get the service and equipment that they prefer.

There is still a House of Representatives pending that could reverse this Medicare Competitive Bidding program. It is HR 1717. It will replace this program with a Market Pricing program which is more fair to the patients and the providers. We understand the bill may be gaining new momentum with recently adding new House cosponsors.

How You Can Help: Contact your elected representatives in Congress and tell them to support HR 1717

An organization called People for Quality Care (PRQC) has more information & makes it easy for you to contact/write to your members of Congress. Go to their website:

www.peopleforqualitycare.org

At the bottom of the page:

1. Enter your ZIP code
2. To find your elected official in the House of Representative enter the four digit extension of your zip code & click “Go”
3. In the section marked “Action Alert” hit “Click Here”
4. Read the letter, add your own words (if you choose to)
5. Enter you information (name & address)
6. Hit “send message”

Ask Senators Barbara Boxer & Dianne Feinstein to sponsor or support a companion bill in the Senate

You can also phone your Congressman or Congresswoman. If you don't know who it is you can find out on the internet by Googling House of Representatives. We can look it up for you if you don't have a computer. Here are some of the

numbers & their Healthcare Aides:

**Congressman Henry Waxman
Matt Connolly: 202-225-3876**

**Congresswoman Karen Bass
Eric Williams: 202-225-7084**

**Senator Dianne Feinstein
Nora Connors: 202-224-3841**

**Senator Barbara Boxer
Cerin Lindensavage:
202-224-3553**

THANK YOU SO MUCH !!!!!

HRC is able to accommodate the CPAP & BiPAP needs of all patients. We cannot bill Medicare, but we can provide equipment and supplies if you choose to purchase these items.

We have become providers with Tricare, Citizen's Choice and MultiPlan insurance networks. We are also pursuing other business models to add diversity to our operation.

Handy Reminders

- ♥ Call & sign up with our *Reminder Service*. We will call you every 6 months, to see if you would like to replace worn out accessories.
- ♥ Wash your mask, headgear & tube once a week in mild, liquid detergent.
- ♥ Hang up your tube to dry and wash your humidifier daily

♥ Replace your mask & headgear every few months for good hygiene. These items get worn out, and lose their original shape and fit.

♥ To get fitted with a new style mask, please make an appointment with one of our skilled & friendly respiratory therapists. If you need to only replace your existing accessory items, you can come by the office to pick them up or we can send them via US mail or Fed-Ex.

♥ Replace your disposable filter once a month

♥ Wash your foam filter (if you have one) once a week

♥ Use distilled water in your humidifier

♥ Let us know if you are hospitalized, at a rehab center or a nursing home.

♥ It would be a good idea to keep a 2nd mask, headgear and tube available in case of loss or breakage of your current set of accessories. Our office is closed on weekends and holidays and this could pose a major inconvenience if you have to wait until regular business hours to get replacement items.

♥ Please know that you may call us with questions regarding your sleep therapy equipment. We are more than happy to help you.

♥ It is very important to stay current with the physician who will write prescriptions for new supplies or new equipment. If you have not seen your doctor for over a year, he/she may choose to not write a prescription for what you need.

Federal Laws prohibits the sale of most medical equipment and accessories without a prescription!

New equipment and accessories

New "Full Face" Mask Respironics Amara Gel

This mask has Modular design with 'one click' assembly. It is just like the regular Amara, except it has an interchangeable gel cushion.

It has 4 sizes fitting 95% of faces. There only 4 parts for quick assembly. It allows simple one handed operation with Fine-glide forehead adjuster.

New Nasal masks/Nasal Pillows

Fisher & Paykel Eson Nasal Mask

Eson is nose spelled backwards!

This new nasal mask has a *roll fit* mask seal to adjust automatically to the position on the nasal bridge to reduce compression.

Circadian SleepWeaver Elan Soft Cloth Nasal Mask

Clear line-of-vision allowing one to wear glasses, watch TV & read. Unique built-in double swivel connection to the hose for easy, free rotation. Inflates like a balloon making it leak resistant. Kind to the skin.

Discontinued Masks!

Phillips Respironics:

Older mask designs will be **discontinued** as of December 31, 2012. The masks are the **Contour**, **Simplicity**, **Comfort Select**, and **ComfortLite 2 Series**. Supplies are limited to what we have in stock. We have very few patients who are using these older mask styles. **If you do use one of these, you may want to purchase one or more ASAP.**

Thank You!

Our "family" at HRC, is very thankful that you have trusted us with providing you with your sleep & respiratory therapy needs. We will continue to provide you with the best service & equipment you deserve.

Happy Holidays & Sweet Dreams!

*From Diana & David Guth,
Glenn, Brad, Tom, Lisa, Sally,
Rita, Jill, Flor, Pam,
Jalmer, Diane & Candice*



Websites

The following websites offer more information about sleep apnea and treatment:

National Sleep Foundation:
www.sleepfoundation.org

American Sleep Apnea Association:
www.sleepapnea.org

ResMed's Sleep Apnea Support
Community
www.WakeUptoSleep.org

Talk About Sleep:
www.talkaboutslee.com

Resmed Corp.
<http://resmed.com/en-us/>

Respironics
<http://masksfamily.respironics.com/>

Fisher & Paykel Healthcare
<http://www.fphcare.com/>

Somnetics
www.mytranscend.com

Circadian
www.Circadian.com